

RADIOTHERAPY QUICK FACTS



If You have been scheduled to receive radiation therapy; you will need to sign a consent form, agreeing to receive radiation therapy as a part of your cancer treatment.

Your treatment journey will begin with a simulation appointment where images will be taken that will be used to plan your radiation treatment.

Your treatment should begin within 10 working days after your simulation. This date is subject to the time required to plan your treatment and may vary slightly. You would receive a call or message from the center when your plan is ready asking you to come in and begin treatment.

If you are receiving radiation therapy to certain sites in the pelvis, you may receive a prescription laxative for bowel preparation: please take this as directed before your simulation appointment day.

If you are a woman having radiation to the pelvic area, you may also receive a set of vaginal dilators. Your nurse or doctor will explain how to use them. Please follow the instructions closely.

Radiation therapy treatments are usually delivered daily; Mondays through Fridays for a certain number of weeks.

You may need to do some tests/investigations routinely while on radiation therapy.

Your treatment may include concurrent chemotherapy with radiation. This will begin before or the same week you commence radiation unless told otherwise.

If you are having radiation for Cervical, Endometrial, Prostate or certain other cancers, your treatment may include brachytherapy after your external beam treatment.

Cancer treatment can often be long-term and difficult to keep track of. You may use the treatment calendar resource to keep track of your radiation and chemotherapy treatments.

You will see your nurse or doctor regularly during treatments for a routine review. This review will help manage side effects and ensure your treatment is going according to plan.

Please feel welcome to ask your oncologist any, and all of your questions.

I wish you great strength for your cancer journey.